

balma nandwani



Training Manager and Lead Trainer
Optimized Solutions Corporate Training
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MISSION / VISION

When your business needs a wave of change, stamina and resolve, the ability to manage present and future challenges, and stay well above board on current competition; we can help.
We're Optimized Solutions. We grow people to grow companies.

HOW WE ACHIEVE THIS

We create high-impact success strategies for our stakeholders and trainees through a strong, strategic trainer-coach relationship, thus influencing behaviors and realigning skills relevant to our clients' professional needs, thereby producing for individuals and teams we train, clear and positive changes aligned to company and team goals.

PROFILE

Corporate Soft Skills Trainer - over 25 years of corporate training experience

NLP Master Practitioner - fast behaviour change strategies through NLP

Culture Change Specialist - NLP strategies to impact change

Book Author, Devotional Book - Book Title: Taking God to Work with You

EDUCATION

Master of Business Administration, International Academy of Management & Economics, Manila, Philippines

Magna Cum Laude / GPA 1.272/1.0

Recipient, Leadership Award

BA Mass Communication, Silliman University, Dumaguete City, Philippines

Major in Journalism & Advertising

Participant, J. Walter Thompson Advertising Concepts Internship

CONTINUING
EDUCATION

Neuro-Linguistic Programming (NLP) Certified Master Practitioner

March 1998

Mckeena-Breen training with trainers: Dr Richard Bandler, Paul Mckeena, and guest lecturer John LaValle, London, England

Certification updated by The Society of Neuro Linguistic Programming though Dr Richard Bandler and John LaValle

John Robert Powers Basic Training in Modelling and Image

March 1987

Basic Program – Image and Modelling

November 1997

Makeup Artistry

Anthony Robbins Institute

August 1993, Australia

Unleash the Power Within Training

Strategic Influence Training

Door International

March 2007, Philippines

Facilitator and Career Coach

Trained a multi-national drug company based in Singapore

Trained a multi-national consumer goods company based in Indonesia

March 2011, Philippines

HR and Career Coaching

Tony Buzan Training

March 2013, Philippines

Mind Mapping

Unleash the Genius of Creativity and Innovation

Brainwave Entrainment Workshop

Teleconference

April 2014

Conducted by:

Adam Hewett

Chief software engineer & Entrainment Software Creator

Edward McKay

PhD, MSN, CRNA, FAPA

WORK
EXPERIENCE

Optimized Solutions Corporate Training

January 2009 – present

Training Manager / Lead Facilitator for soft skills training with expertise in influencing workplace behaviour change.

Soft skills trainer, including: presentations training, communication training, culture training, presentation skills, executive image, attitude control, team productivity, company culture, self-management, and other soft skills.

Uses accelerated training format when training and drives critical learning experiences in skilful and enjoyable manner.

Sole Philippine Channel partner for Matrix Plus; an Australian-based company that markets training programs in accelerated training formats, using quality media production.

All training modules created by subject matter experts on regularly updated content to position relevant performance change

Dale Carnegie-Philippines

Trainer for the following programs: Assertiveness Training, High Impact Presentations Training, Professional Development Series, How to Win Friends and Influence People, Comprehensive Business Development Solutions, World-Class Customer Service Program, and others.

January 1993

Dale Carnegie Certification Training for Training Consultant Status
San Mateo, California
William Koefed Center
Conducted by Greg Ratliff, Master Trainer, DC International

June 1999

Success Fundamentals for Training Consultants
Kuala Lumpur, Malaysia
Conducted by Dale Carnegie Master Trainer David Green

October 1994

Motivational Selling
Leadership Training for Managers

May 2008

DC Regional Meeting, Hong Kong
Participant
Adaptation to Competency Based Development Systems (CBDS) for our Corporate Clients
Conducted the Training Recertification Process for other Dale Carnegie Instructors in the Philippines in 2007

WORK EXPERIENCE *continuation*

PD Training

May 2015 – present

Independent and Contractual Trainer/Facilitator

Responsible for engaging client in further needs analysis, review /redesign of training content for training relevancy

The Learning Factor, Australia

April 2013-April 2014

Responsible for engaging client in further needs analysis, review and redesign of program content for training relevancy. Handled some trainings for a Fortune 500 Company based in Manila, Philippines

Door International

April 2013-April 2014

Trained a multi-national consumer goods company based in Indonesia

Trained a multi-national pharmaceutical drug company based in Singapore

CAUSES & ADVOCACIES

Anti-Bullying Campaigns

Promoting the campaign of Brina Maxino

End Bullying in the Workplace

Campaigns to end workplace bullying

Hazing is Evil

Promoting the campaign of Mr. Aurelio Servando

Abused Children Out Reach

Reaching out to children sheltered because of abuse

Civility in the Work Place

Promoting civility training for Government Workers

COMPANIES TRAINED PARTIAL LIST

A Multi-National Consumer Goods Company (Philippine)

A Multi-National Consumer Goods Company (Indonesia)

A Multi-National Pharmaceutical Company (Singapore)

Firm Builders Realty Corporation

A Finance Company (Philippines)

A Fortune 500 Company (with a base in the Philippines)

An oil shipping company (with base in the Philippines)

A Japanese Manufacturing Company (Philippine-branch)

KSearch Asia Consulting

Life Underwrites Association

Bureau of Internal Revenue, Region 10

National Government Center (NGC) (Bacolod, Philippines)

Philam Life Inc.

DECS National Schools

Philippine Institute of Certified Public Accountants